

Mountains and Plains Swimming Meet Calendar 2023-2024

AUGUST 2023	Club	Venue
12 August 2023	Kinross Wolaroi Swimming Club Time Trial	
13 August 2023	LBMSC	
SEPTEMBER 2023	Club	Venue
1-3 September 2023	Senior State Age SC Championships	SOPAC
9-10 September 2023	Junior State Age SC Championships	SOPAC
13-16 September 2023	Australian Short Course Championships	SOPAC
23-24 September 2023	SAARS & JAARS Camp	Woy Woy
OCTOBER 2023	Club	Venue
14-15 October 2023	NSW LC Qualifying Meet	SOPAC
28 October 2023	Nepean Open Water	Penrith
NOVEMBER 2023	Club	Venue
4-5 November 2023	MPS Development Sessions with Chris Myers	4th-TBA, 5th-Forbes
12 November 2023	LBMSC	
18-19 November 2023	Cowra ASC Inc	
25-26 November 2023	Parkes SC Inc	
DECEMBER 2023	Club	Venue
2 December 2023	Lithgow	
3 December 2023	Forbes	
10 December	Grenfell	
10-16 December 2023	NSW Senior State Age Championships	SOPAC
17-18 December 2023	NSW Open Water Championships	SIRC
JANUARY 2024	Club	Venue
12-14 January 2024	National Swimmers Camp	ACT
14 January 2024	Bathurst City ASC	
20-21 January 2024	NSW Country Regionals	3 Locations TBD
28 January 2024	Canowindra Swimming Club TBA	
FEBRUARY 2024	Club	Venue
3-4 February 2024	MPS Summer Championships	TBA
3-4 February 2024	Speedo Sprint Series: Heats	
16-18 February 2024	NSW Country Championships	SOPAC
MARCH 2024	Club	Venue
2 March 2024	Speedo Sprints Finals	SOPAC
3 March 2024	NSW Multi-Class Meet #1	TBC
15-17 March 2024	NSW State Open Championships	SOPAC
17 March 2024	Brophy TBA	
23-24 March 2024	NSW Junior State Age Championships	SOPAC
APRIL 2024	Club	Venue
6-9 April 2024	Australian Age Championships (Multi-Class)	TBC
8-14 April 2024	Australian Age Championships	TBC
17-20 April 2024	Australian Swimming Championships	TBC
MAY 2024	Club	Venue
9-11 May 2024	NSW Sydney Open	SOPAC
25-26 May 2024	OAC S/C Winter Carnival	Orange Aquatic Centre
JUNE 2024	Club	Venue
10-15 June 2024	Olympic & Paralympic Trials	TBC

Mountains and Plains Swimming Meet Calendar 2023-2024

15-16 June 2024?	MPS Winter Championships	TBC
JULY 2024	Club	Venue
AUGUST 2024	Club	Venue
11 or 18 August 2024	LBMSC TBA	
SEPTEMBER 2024	Club	Venue
OCTOBER 2024	Club	Venue
17-20 October 2024	Australian Short Course Championships	TBC

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NSW Swimming Meets		
Development Meets		

ACT Area Carnival Calendar 2023-2024

AUGUST 2023	Club	Venue
SEPTEMBER 2023	Club	Venue
1-3 September 2023	Senior State Age SC Championships	SOPAC
9-10 September 2023	Junior State Age SC Championships	SOPAC
13-16 September 2023	Australian Short Course Championships	SOPAC
OCTOBER 2023	Club	Venue
14-15 October 2023	NSW LC Qualifying Meet	SOPAC
28 October 2023	Nepean Open Water	Penrith
NOVEMBER 2023	Club	Venue
DECEMBER 2023	Club	Venue
10-16 December 2023	NSW Senior State Age Championships	SOPAC
17-18 December 2023	NSW Open Water Championships	SIRC
JANUARY 2024	Club	Venue
20-21 January 2024	NSW Country Regionals	3 Locations TBD
FEBRUARY 2024	Club	Venue
3-4 February 2024	Speedo Sprint Series: Heats	
16-18 February 2024	NSW Country Championships	SOPAC
MARCH 2024	Club	Venue
2 March 2024	Speedo Sprints Finals	SOPAC
3 March 2024	NSW Multi-Class Meet #1	TBC
15-17 March 2024	NSW State Open Championships	SOPAC
17 March 2024	Brophy TBA	
23-24 March 2024	NSW Junior State Age Championships	SOPAC
APRIL 2024	Club	Venue
6-9 April 2024	Australian Age Championships (Multi-Class)	TBC
8-14 April 2024	Australian Age Championships	TBC
17-20 April 2024	Australian Swimming Championships	TBC
MAY 2024	Club	Venue
9-11 May 2024	NSW Sydney Open	SOPAC
JUNE 2024	Club	Venue
10-15 June 2024	Olympic & Paralympic Trials	TBC
JULY 2024	Club	Venue
AUGUST 2024	Club	Venue
SEPTEMBER 2024	Club	Venue
OCTOBER 2024	Club	Venue
17-20 October 2024	Australian Short Course Championships	TBC

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NSW Swimming Meets

Development Meets

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Coast & Valley Area Carnival Calendar 2023-2024

AUGUST 2023	Club	Venue
27 August 2023	Macquarie Shores	Toronto
SEPTEMBER 2023	Club	Venue
1-3 September 2023	Senior State Age SC Championships	SOPAC
9-10 September 2023	Junior State Age SC Championships	SOPAC
13-16 September 2023	Australian Short Course Championships	SOPAC
17 September 2023	Mingara SC	Mingara
23-24 September 2023	SAARS & JAARS Camp	Woy Woy
OCTOBER 2023	Club	Venue
14-15 October 2023	NSW LC Qualifying Meet	SOPAC
28 October 2023	Nepean Open Water	Penrith
NOVEMBER 2023	Club	Venue
DECEMBER 2023	Club	Venue
10-16 December 2023	NSW Senior State Age Championships	SOPAC
17-18 December 2023	NSW Open Water Championships	SIRC
JANUARY 2024	Club	Venue
20-21 January 2024	NSW Country Regionals	3 Locations TBD
FEBRUARY 2024	Club	Venue
3-4 February 2024	Speedo Sprint Series: Heats	
16-18 February 2024	NSW Country Championships	SOPAC
MARCH 2024	Club	Venue
2 March 2024	Speedo Sprints Finals	SOPAC
3 March 2024	NSW Multi-Class Meet #1	TBC
15-17 March 2024	NSW State Open Championships	SOPAC
17 March 2024	Brophy TBA	
23-24 March 2024	NSW Junior State Age Championships	SOPAC
APRIL 2024	Club	Venue
6-9 April 2024	Australian Age Championships (Multi-Class)	TBC
8-14 April 2024	Australian Age Championships	TBC
17-20 April 2024	Australian Swimming Championships	TBC
MAY 2024	Club	Venue
9-11 May 2024	NSW Sydney Open	SOPAC
JUNE 2024	Club	Venue
10-15 June 2024	Olympic & Paralympic Trials	TBC
JULY 2024	Club	Venue
AUGUST 2024	Club	Venue
SEPTEMBER 2024	Club	Venue
OCTOBER 2024	Club	Venue
17-20 October 2024	Australian Short Course Championships	TBC

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NSW Swimming Meets

Development Meets

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NE & NW Area Carnival Calendar 2023-2024

AUGUST 2023	Club	Venue
SEPTEMBER 2023	Club	Venue
1-3 September 2023	Senior State Age SC Championships	SOPAC
9-10 September 2023	Junior State Age SC Championships	SOPAC
13-16 September 2023	Australian Short Course Championships	SOPAC
OCTOBER 2023	Club	Venue
14-15 October 2023	NSW LC Qualifying Meet	SOPAC
28 October 2023	Nepean Open Water	Penrith
NOVEMBER 2023	Club	Venue
24-25 November 2023	360 Scully Park TBA	TBA
DECEMBER 2023	Club	Venue
9 December 2023	Narrabri TBA	TBA
10-16 December 2023	NSW Senior State Age Championships	SOPAC
17-18 December 2023	NSW Open Water Championships	SIRC
JANUARY 2024	Club	Venue
6-7 January 2024	Kootingal Moonbi TBA	TBA
14 January 2024	Tamworth City TBA	TBA
20-21 January 2024	NSW Country Regionals	3 Locations TBD
FEBRUARY 2024	Club	Venue
3-4 February 2024	Speedo Sprint Series: Heats	
11 February 2024	Gunnedah TBA	TBA
16-18 February 2024	NSW Country Championships	SOPAC
MARCH 2024	Club	Venue
2 March 2024	Speedo Sprints Finals	SOPAC
3 March 2024	NSW Multi-Class Meet #1	TBC
15-17 March 2024	NSW State Open Championships	SOPAC
23-24 March 2024	NSW Junior State Age Championships	SOPAC
APRIL 2024	Club	Venue
6-9 April 2024	Australian Age Championships (Multi-Class)	TBC
8-14 April 2024	Australian Age Championships	TBC
17-20 April 2024	Australian Swimming Championships	TBC
MAY 2024	Club	Venue
9-11 May 2024	NSW Sydney Open	SOPAC
JUNE 2024	Club	Venue
10-15 June 2024	Olympic & Paralympic Trials	TBC
JULY 2024	Club	Venue
AUGUST 2024	Club	Venue
SEPTEMBER 2024	Club	Venue
OCTOBER 2024	Club	Venue
17-20 October 2024	Australian Short Course Championships	TBC

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NSW Swimming Meets

Development Meets

SESA Carnival Calendar 2023-2024

AUGUST 2023	Club	Venue
SEPTEMBER 2023	Club	Venue
1-3 September 2023	Senior State Age SC Championships	SOPAC
9-10 September 2023	Junior State Age SC Championships	SOPAC
13-16 September 2023	Australian Short Course Championships	SOPAC
23-24 September 2023	SAARS & JAARS Camp	Woy Woy
OCTOBER 2023	Club	Venue
8 October 2023	SESA Distance Time Trial	Dapto
15 October 2023	Dapto Qualifying Meet	Dapto
14-15 October 2023	NSW LC Qualifying Meet	SOPAC
21 October	Oak Flats Development	Oak Flat
28 October 2023	Nepean Open Water	Penrith
29 October 2023	Wollongong Qualifying	Wollongong
NOVEMBER 2023	Club	Venue
5 November 2023	Bega Development	Bega
11 -12 November 2023	SESA LC Aera Championships	Western Suburbs Unanderra
18 November 2023	Eden Combined Meet	TBA
26 November 2023	Corrimal Qualifying	TBA
DECEMBER 2023	Club	Venue
2 December 2023	Nowra Development	Nowra
3 December 2023	Cooma Development	Cooma
10-16 December 2023	NSW Senior State Age Championships	SOPAC
17-18 December 2023	NSW Open Water Championships	SIRC
JANUARY 2024	Club	Venue
14 January 2024	Bomaderry Qualifying	Bomaderry
12-14 January 2024	National Swimmers Camp	ACT
20-21 January 2024	NSW Country Regionals	3 Locations TBD
FEBRUARY 2024	Club	Venue
3-4 February 2024	Speedo Sprint Series: Heats South Region hosted by Bega	Narooma
4 February 2024	Oak Flats Qualifying & Speedo Sprint Series: Heats North Region	Oak Flat
16-18 February 2024	NSW Country Championships	SOPAC
MARCH 2024	Club	Venue
9 March 2024	Albion Park Development	Albion Park
2 March 2024	Speedo Sprints Finals	SOPAC
3 March 2024	NSW Multi-Class Meet #1	TBC
15-17 March 2024	NSW State Open Championships	SOPAC
17 March 2024	Brophy TBA	
23-24 March 2024	NSW Junior State Age Championships	SOPAC
APRIL 2024	Club	Venue
6-9 April 2024	Australian Age Championships (Multi-Class)	TBC
8-14 April 2024	Australian Age Championships	TBC
17-20 April 2024	Australian Swimming Championships	TBC
MAY 2024	Club	Venue

9-11 May 2024	NSW Sydney Open	SOPAC
JUNE 2024	Club	Venue
10-15 June 2024	Olympic & Paralympic Trials	TBC
JULY 2024	Club	Venue
AUGUST 2024	Club	Venue
SEPTEMBER 2024	Club	Venue
OCTOBER 2024	Club	Venue
17-20 October 2024	Australian Short Course Championships	TBC

SESA Distance Time Trial

NSW Swimming Meets

Development Meets

SISA Area Carnival Calendar 2023-2024

	S/West Meets	Riverina Meets	Murray Meets
OCTOBER 2023	Club		Club
14-15 October 2023	NSW Swimming Qualifying Meet SOPAC		
29 October 2023			Albury
NOVEMBER 2023	Club	Club	Club
4 November 2023		Wagga	
12 November 2023			North Albury
26 November 2023	Young		
DECEMBER 2023	Club	Club	
2-3 December 2023		Griffith	
3 December 2023	Coota		
9 December 2023		Leeton/Yance	
10-16 December 2023	NSW Senior State Age SOPAC		
17 December	Junee		
17-18 December 2023	NSW Open Water SIRC		
JANUARY 2024	Club	Club	
6 January 2024		Hay	
13 January 2024		Deniliquin	
20-21 January 2024	NSW Country Regionals		
FEBRUARY 2024	Club	Club	
3-4 February 2024	SISA Championships & Speedo Sprints Temora		
10 February 2024		Narrandera	
11 February 2024	West Wyalong		
16-18 February 2024	NSW Country Championships SOPAC		
17 February 2024	Ariah Park Twilight Development		
25 February 2024	Yass		
MARCH 2024	Club	Venue	
2 March 2024	Quandialla Twilight Development		
2 March 2024	Speedo Sprints Finals SOPAC		
3 March 2024	NSW MC Meet TBA		
10 March 2024	Coolamon Development		
8-10 March 2024	NSW State Championships SOPAC		
22-23	NSW Junior State Age Championships SOPAC		
APRIL 2024	Club	Venue	
6-9 April 2024	Australian Age Championships (Multi-Class)	TBC	
8-14 April 2024	Australian Age Championships	TBC	
17-20 April 2024	Australian Swimming Championships	TBC	
MAY 2024	Club	Venue	
9-11 May 2024	NSW Sydney Open	SOPAC	
JUNE 2024	Club	Venue	
10-15 June 2024	Olympic & Paralympic Trials	TBC	
JULY 2024	Club	Venue	

AUGUST 2024	Club	Venue	
SEPTEMBER 2024	Club	Venue	
OCTOBER 2024	Club	Venue	
17-20 October 2024	Australian Short Course Championships	TBC	

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NSW Swimming Meets
Development Meets

Swimming North Coast Area Carnival Calendar 2023-2024

OCTOBER 2023	Club	Venue
30 September- 1 October 2023	Port Macquarie LC Qualifying Meet	Port Macquarie Pool
7 October 2023	Macksville Marlins LC Qualifying Meet	Macksville District Pool
14-15 October 2023	SNSW LC Qualifying Meet	SOPAC
21 October 2023	Coffs Spring Sprint Development Carnival	Coffs Harbour Pool
22 October 2023	Alstonville LC Qualifying Meet	
28 October 2023	Casino Swim Club LC Meet	Casino
28 October 2023	Sawtell SC Qualifying Meet	
NOVEMBER 2023	Club	Venue
3 - 4 November 2023	Coastline Credit Union LC Qualifying Meet	Manning Aquatic Centre Taree
11 November 2023	SNC Division 2 Championships	North and south
18 November 2023	Crescent Head Pointers Swim Club 15th Annual SC Qualifying Meet	Crescent Head
25 - 26 November 2023	SNC Division 1 Championships	Coffs Harbour Pool
DECEMBER 2023	Club	Venue
9 December 2023	Wingham Swim Club Development Meet	Wingham Pool
10 - 16 December 2023	SNSW LC Senior State Age Championships	SOPAC
17 December 2023	Laurieton SC Christmas Carnival	Laurieton
17 - 18 December 2023	SNSW Open Water Championships	SIRC
JANUARY 2024	Club	Venue
13 - 14 January 2024	Coffs Harbour LC Qualifying Meet	Coffs Harbour
20 - 21 January 2024	NSW Country Regionals	TBC
24 - 27 January 2024	Australian Open Water Championships	TBC
FEBRUARY 2024	Club	Venue
3 February 2024	Speedo Sprints South / North & Qualifying Meet	Taree
10 February 2024	Gloucester Thunderbolts LC Development Meet	Gloucester Pool
16 - 18 February 2024	SNSW Country Championships	SOPAC
24 February 2024	Bellingen "Splash" SC Development Meet	Bellingen Swim Centre
MARCH 2024	Club	Venue
2 March 2024	Speedo Sprints Finals	SOPAC
3 March 2024	SNSW MC Meet #1	TBC
8 - 10 March 2024	SNSW State Open Championships	SOPAC
23-24 March 2024	NSW Junior State Age Championships	SOPAC
APRIL 2024	Club	Venue
6-9 April 2024	Australian Age Championships (Multi-Class)	TBC
8-14 April 2024	Australian Age Championships	TBC
17-20 April 2024	Australian Swimming Championships	TBC
MAY 2024	Club	Venue
9-11 May 2024	NSW Sydney Open	SOPAC
JUNE 2024	Club	Venue
10-15 June 2024	Olympic & Paralympic Trials	TBC

JULY 2024	Club	Venue
AUGUST 2024	Club	Venue
SEPTEMBER 2024	Club	Venue
OCTOBER 2024	Club	Venue
17-20 October 2024	Australian Short Course Championships	TBC

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NSW Swimming Meets
Development Meets

Western Area Carnival Calendar 2023-2024

SEPTEMBER 2024	Club	Venue
1-3 September 2023	Senior State Age SC Championships	SOPAC
9-10 September 2023	Junior State Age SC Championships	SOPAC
13-16 September 2023	Australian Short Course Championships	SOPAC
OCTOBER 2023	Club	Venue
14-15 October 2023	NSW LC Qualifying Meet	SOPAC
28 October 2023	Nepean Open Water	Penrith
29 October 2023	Orana	
NOVEMBER 2023	Club	Venue
5 November 2023	Wellington	
12 November 2023	Dubbo City Swimtech	
19 November 2023	Macquarie Yabbies	
26 November 2023	Mudgee Indoor	
DECEMBER 2023	Club	Venue
2 December 2023	Warren	
9 December 2023	Cobar	
10-16 December 2023	NSW Senior State Age Championships	SOPAC
10 December	Dunedoo	
17 December	Nyngan	
17-18 December 2023	NSW Open Water Championships	SIRC
JANUARY 2024	Club	Venue
14 January 2024	Coonamble	
20-21 January 2024	NSW Country Regionals	
27 January 2024	Coolah	
FEBRUARY 2024	Club	Venue
3-4 February 2024	Western Area Speedo Heats Championships	
10 February 2024	Trangie	
11 February 2024	Gilgandra	
16-18 February 2024	NSW Country Championships	SOPAC
25 February 2024	Gulargambone	
MARCH 2024	Club	Venue
2 March 2024	Speedo Sprints Finals	SOPAC
3 March 2024	NSW Multi-Class Meet #1	TBC
15-17 March 2024	NSW State Open Championships	SOPAC
APRIL 2024	Club	Venue
6-9 April 2024	Australian Age Championships (Multi-Class)	TBC
8-14 April 2024	Australian Age Championships	TBC
17-20 April 2024	Australian Swimming Championships	TBC
MAY 2024	Club	Venue
9-11 May 2024	NSW Sydney Open	SOPAC
25-26 May 2024	OAC S/C Winter Carnival TBA	Orange Aquatic Centre
JUNE 2024	Club	Venue
10-15 June 2024	Olympic & Paralympic Trials	TBC
JULY 2024	Club	Venue
AUGUST 2024	Club	Venue
SEPTEMBER 2024	Club	Venue

OCTOBER 2024	Club	Venue
17-20 October 2024	Australian Short Course Championships	TBC

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NSW Swimming Meets

Development Meets