

# **LAWSON AMATEUR SWIMMING CLUB**



**AGE CHAMPIONSHIP AND  
CLUB CHAMPIONSHIP PROGRAM**

**FEBRUARY - MARCH 2026**

# Entry Instructions.

All swimmers are encouraged to enter their Age Championship and either the Junior (under 13) or Senior (13+) Club Championship.

## Eligibility:

### **Age Championships:**

Your age for the championship is as at 31 December 2025. Swimmers 7 years and under swim 25m events, but can elect to swim in **only** 50m events provided they're able qualify by having previously swum 50m times faster than 2 minutes in at least 3 of the 4 strokes. All swimmers 9 years and over are required to swim 50m events. Swimmers who are 8 years of age can select to swim 25m **or** 50m (**but not both**) and must have qualified for the distance they choose. To qualify for an event, you must have swum it at a club night **prior** to the first night of championships (February 20, 2026).

### **Club Championship:**

Only those swimmers who have swum each event in the Junior or Senior Club Championship Program at a regular club night some stage throughout the season (**prior to the first night of championships**) are eligible to receive points for that event in the Championships. Other swimmers who have not qualified may compete in the race but will not receive points toward the Club Championship for that event.

**NOTE: Times recorded at carnivals will not be considered as championship qualifying swims for Age or Club Championships.**

## Championship Entries:

Entries can be made on the normal race cards, available at the race desk. All cards must be correctly filled out and placed in the entry box by 5:45pm. **If possible, please try to submit your entries the previous week so we can get the races underway promptly at 6pm.** The organization of the Championship night is quite complex and your support in this would be appreciated. Be sure to enter the correct race number as per this program. Include full name and age.

Swimmers must report promptly to the marshalling area when called. Swimmers not present at marshalling will be withdrawn from the event.

More detailed information about championships, including qualification requirements, championship point scoring and refereeing/disqualifications is available in our **Member Handbook**, which can be downloaded from the “Club Files” area of the Club’s website - <https://lawsonswimmingclub.com.au>

**LAWSON ASC - Age and Club Championships - Week 1**  
**Friday February 20 2026.**  
**Age as at 31 December 2025.**

Event Number	Description
1	<b>25m Freestyle (Non-Championship)</b>
2	Senior (13+) Club Championship - 100m Backstroke
3	Junior (under 13) Club Championship - 100m Backstroke
4	Boys 7 and under 25m Butterfly - Bubbles
5	Girls 7 and under 25m Butterfly - Bubbles
6	Boys 7 and under 25m Butterfly - Non-Bubbles
7	Girls 7 and under 25m Butterfly - Non-Bubbles
8	Boys 8 yrs. 25m Butterfly
9	Girls 8 yrs. 25m Butterfly
10	Senior (13+) Club Championship - 200m Breaststroke
11	<b>25m Breaststroke (Non-Championship)</b>
12	Boys 8 yrs. and under 50m Butterfly
13	Girls 8 yrs. and under 50m Butterfly
14	Boys 9 yrs. 50m Butterfly
15	Girls 9 yrs. 50m Butterfly
16	Boys 10 yrs. 50m Butterfly
17	Girls 10 yrs. 50m Butterfly
18	Boys 11 yrs. 50m Butterfly
19	Girls 11 yrs. 50m Butterfly
20	<b>50m Breaststroke (Non-Championship)</b>
21	Boys 12 yrs. 50m Butterfly
22	Girls 12 yrs. 50m Butterfly
23	Boys 13 yrs. 50m Butterfly
24	Girls 13 yrs. 50m Butterfly
25	Boys 14 yrs. 50m Butterfly
26	Girls 14 yrs. 50m Butterfly
27	Boys 15 yrs. 50m Butterfly
28	Girls 15 yrs. 50m Butterfly
29	Boys 16 yrs. 50m Butterfly
30	Girls 16 yrs. 50m Butterfly
31	Senior Men 17 - 24 yrs. 50m Butterfly
32	Senior Women 17 - 24 yrs. 50m Butterfly
33	Veteran Men 25-39 yrs. 50m Butterfly
34	Veteran Women 25-39 yrs. 50m Butterfly
35	Masters Men 40+ yrs. 50m Butterfly
36	Masters Women 40+ yrs. 50m Butterfly
37	<b>50m Freestyle (Non-Championship)</b>
38	Junior (under 13) Club Championship 200m Breaststroke

**LAWSON ASC - Age and Club Championships - Week 2**  
**Friday February 27 2026.**  
**Age as at 31 December 2025.**

Event Number	Description
1	<b>25m Freestyle (Non-Championship)</b>
2	Senior (13+) Club Championship - 100m Butterfly
3	Junior (under 13) Club Championship - 100m Breaststroke
4	Boys 7 and under 25m Backstroke - Bubbles
5	Girls 7 and under 25m Backstroke - Bubbles
6	Boys 7 and under 25m Backstroke - Non-Bubbles
7	Girls 7 and under 25m Backstroke - Non-Bubbles
8	Boys 8 yrs. 25m Backstroke
9	Girls 8 yrs. 25m Backstroke
10	Senior (13+) Club Championship - 200m Freestyle
11	<b>25m Breaststroke (Non-Championship)</b>
12	Boys 8 yrs. and under 50m Backstroke
13	Girls 8 yrs. and under 50m Backstroke
14	Boys 9 yrs. 50m Backstroke
15	Girls 9 yrs. 50m Backstroke
16	Boys 10 yrs. 50m Backstroke
17	Girls 10 yrs. 50m Backstroke
18	Boys 11 yrs. 50m Backstroke
19	Girls 11 yrs. 50m Backstroke
20	<b>50m Breaststroke (Non-Championship)</b>
21	Boys 12 yrs. 50m Backstroke
22	Girls 12 yrs. 50m Backstroke
23	Boys 13 yrs. 50m Backstroke
24	Girls 13 yrs. 50m Backstroke
25	Boys 14 yrs. 50m Backstroke
26	Girls 14 yrs. 50m Backstroke
27	Boys 15 yrs. 50m Backstroke
28	Girls 15 yrs. 50m Backstroke
29	Boys 16 yrs. 50m Backstroke
30	Girls 16 yrs. 50m Backstroke
31	Senior Men 17 - 24 yrs. 50m Backstroke
32	Senior Women 17 - 24 yrs. 50m Backstroke
33	Veteran Men 25-39 yrs. 50m Backstroke
34	Veteran Women 25-39 yrs. 50m Backstroke
35	Masters Men 40+ yrs. 50m Backstroke
36	Masters Women 40+ yrs. 50m Backstroke
37	<b>50m Freestyle (Non-Championship)</b>
38	Junior (under 13) Club Championship 200m Freestyle

**LAWSON ASC - Age and Club Championships - Week 3**  
**Friday March 6 2026.**  
**Age as at 31 December 2025.**

Event Number	Description
1	<b>25m Freestyle (Non-Championship)</b>
2	Senior (13+) Club Championship - 100m Freestyle
3	Junior (under 13) Club Championship - 100m Freestyle
4	Boys 7 and under 25m Breaststroke - Bubbles
5	Girls 7 and under 25m Breaststroke - Bubbles
6	Boys 7 and under 25m Breaststroke - Non-Bubbles
7	Girls 7 and under 25m Breaststroke - Non-Bubbles
8	Boys 8 yrs. 25m Breaststroke
9	Girls 8 yrs. 25m Breaststroke
10	Senior (13+) Club Championship - 200m I.M.
11	<b>25m Backstroke (Non-Championship)</b>
12	Boys 8 yrs. and under 50m Breaststroke
13	Girls 8 yrs. and under 50m Breaststroke
14	Boys 9 yrs. 50m Breaststroke
15	Girls 9 yrs. 50m Breaststroke
16	Boys 10 yrs. 50m Breaststroke
17	Girls 10 yrs. 50m Breaststroke
18	Boys 11 yrs. 50m Breaststroke
19	Girls 11 yrs. 50m Breaststroke
20	<b>50m Backstroke (Non-Championship)</b>
21	Boys 12 yrs. 50m Breaststroke
22	Girls 12 yrs. 50m Breaststroke
23	Boys 13 yrs. 50m Breaststroke
24	Girls 13 yrs. 50m Breaststroke
25	Boys 14 yrs. 50m Breaststroke
26	Girls 14 yrs. 50m Breaststroke
27	Boys 15 yrs. 50m Breaststroke
28	Girls 15 yrs. 50m Breaststroke
29	Boys 16 yrs. 50m Breaststroke
30	Girls 16 yrs. 50m Breaststroke
31	Senior Men 17 - 24 yrs. 50m Breaststroke
32	Senior Women 17 - 24 yrs. 50m Breaststroke
33	Veteran Men 25-39 yrs. 50m Breaststroke
34	Veteran Women 25-39 yrs. 50m Breaststroke
35	Masters Men 40+ yrs. 50m Breaststroke
36	Masters Women 40+ yrs. 50m Breaststroke
37	<b>50m Freestyle (Non-Championship)</b>
38	Junior (under 13) Club Championship 200m I.M.

**LAWSON ASC - Age and Club Championships - Week 4**  
**Friday March 13 2026.**  
**Age as at 31 December 2025.**

Event Number	Description
1	<b>25m Breaststroke (Non-Championship)</b>
2	Senior (13+) Club Championship - 400m Freestyle
3	Junior (under 13) Club Championship - 400m Freestyle
4	Boys 7 and under 25m Freestyle - Bubbles
5	Girls 7 and under 25m Freestyle - Bubbles
6	Boys 7 and under 25m Freestyle - Non-Bubbles
7	Girls 7 and under 25m Freestyle - Non-Bubbles
8	Boys 8 yrs. 25m Freestyle
9	Girls 8 yrs. 25m Freestyle
10	Senior (13+) Club Championship - 100m Breaststroke
11	<b>25m Backstroke (Non-Championship)</b>
12	Boys 8 yrs. and under 50m Freestyle
13	Girls 8 yrs. and under 50m Freestyle
14	Boys 9 yrs. 50m Freestyle
15	Girls 9 yrs. 50m Freestyle
16	Boys 10 yrs. 50m Freestyle
17	Girls 10 yrs. 50m Freestyle
18	Boys 11 yrs. 50m Freestyle
19	Girls 11 yrs. 50m Freestyle
20	<b>50m Backstroke (Non-Championship)</b>
21	Boys 12 yrs. 50m Freestyle
22	Girls 12 yrs. 50m Freestyle
23	Boys 13 yrs. 50m Freestyle
24	Girls 13 yrs. 50m Freestyle
25	Boys 14 yrs. 50m Freestyle
26	Girls 14 yrs. 50m Freestyle
27	Boys 15 yrs. 50m Freestyle
28	Girls 15 yrs. 50m Freestyle
29	Boys 16 yrs. 50m Freestyle
30	Girls 16 yrs. 50m Freestyle
31	Senior Men 17 - 24 yrs. 50m Freestyle
32	Senior Women 17 - 24 yrs. 50m Freestyle
33	Veteran Men 25-39 yrs. 50m Freestyle
34	Veteran Women 25-39 yrs. 50m Freestyle
35	Masters Men 40+ yrs. 50m Freestyle
36	Masters Women 40+ yrs. 50m Freestyle
37	<b>50m Breaststroke (Non-Championship)</b>